

# Lenten Quiet Day

Trinity Episcopal Church  
400 W. Ash  
El Dorado, Kansas

Join us on **Saturday, March 14**, from **9:30 am to 2:00 pm**

for a day dedicated to prayer & solitude, designed to inspire your spiritual growth & reflection.

*God wasn't to be found in the wind, earthquake, or fire, but in a gentle and quiet whisper. I King 19:12*

## Description

You are invited to a time of listening for God's gentle, quiet whisper in solitude, in resisting busyness, noise, and life's distractions. We will engage the spiritual practice of solitude, engage in conversation about how listening for God's whisper, in life's ascents and descents, is impactful, and how we can be present, provide comfort and empathy for others who seek to hear God's voice, and have our true identity affirmed as beloved and pleasing to our creator.

## Speaker & Retreat Leader

Chandelle Claassen is a Spiritual Director, Life Coach, Speaker, Retreat Leader, and author specializing in spiritual formation and soul-care rhythms, including the practice of solitude. "The Sacredness of Solitude is an article written by Chandelle and published on November 1, 2025, in *The Christian Leader: The Magazine of U.S. Mennonite Brethren*. Her primary interest is helping those seeking to create a balanced, abundant life through understanding identity and building meaningful relationships. She holds a Bachelor's in Social Work and an M.Ed. in Neuroscience and Trauma. Chandelle received training through The School of Sustainable Faith and is a member of Spiritual Directors International.



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## Registration

**Registration Deadline:** March 8

**Cost \$20.00**, includes lunch and materials.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Make Check to: Trinity Episcopal Church

Memo: Quiet Day

Mail to: Trinity Episcopal Church  
P.O. Box 507  
El Dorado, Kansas 67042